

SNAP Food Assistance

Immigrants and SNAP Benefits



If you need help with food, and you or members of your household qualify, SNAP can help you pay for groceries.

Applying for or receiving SNAP benefits (also known as “food stamps”) does not make you a “public charge” and will not be considered in an immigration or citizenship determination. It will not affect your ability to:

- Remain in the U.S.,
- Get a Green Card or Lawful Permanent Resident status,
- Keep a Green Card or Lawful Permanent Resident Status, or
- Become a U.S. citizen.

Even if you do not want to apply for SNAP benefits for yourself, you can apply on behalf of the eligible immigrants or U.S. citizens in your family, without affecting anyone’s immigration status. For example, if a parent is not eligible for SNAP because of their immigration status, they can still apply for their eligible children. The SNAP office is not allowed to ask for immigration documents for people who are not applying to receive benefits themselves.

You can apply for **NJSNAP online at www.mynjhelps.gov**

If you have questions about eligibility for public benefits like SNAP, or questions about immigration status and benefits, Legal Services of New Jersey may be able to provide additional information and legal advice.

**Apply online for help from the LSNJLAWSM Hotline at
www.lsnjlawhotline.org
or by calling 1-888-LSNJ-LAW (1-888-576-5529).**